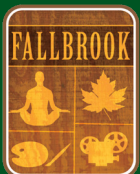




Fallbrook Community Center

**Program Guide
October - December 2026**



341 Heald Lane, Fallbrook, CA 92028

(760) 728-1671 • sdparks.org

f : [@fallbrookcommunitycenter](https://www.instagram.com/fallbrookcommunitycenter)



Welcome to Fallbrook Community Center

The Fallbrook Community Center is a hub of small-town life in North County San Diego. With a variety of recreational and social events and programs, from preschool childcare to senior lunches, the Center offers a wide range of activities to meet the diverse needs of residents of all ages, abilities and interests. We're all about play! The Fallbrook Community Center has two playgrounds, two lighted tennis courts and two lighted sand volleyball courts, picnic areas, a basketball court, a lawn area and restrooms. For groups, schools and community organizations that are looking for a meeting place, the auditorium and two meeting rooms at the Center are ideal. The community Center is also equipped with a kitchen, making it a perfect venue for weddings or special events. Additional information is located toward the back of this publication.



**341 Heald Lane
Fallbrook, CA 92028
(760) 728-1671
sdparks.org
@fallbrookcommunitycenter**

**HOURS
Monday - Friday
9 a.m. - 6:30 p.m.**

**HOLIDAY CLOSURES
Nov. 11: Veterans Day
Nov. 26 - 27: Thanksgiving
Dec. 25: Christmas**

Fallbrook Community Area Parks

Clemmens Lane County Park
344 Clemmens Lane, Fallbrook • 760-728-2303
Open 8 a.m. to 30 mins. before sunset, daily

Rainbow County Park
5157 5th St., Fallbrook • 760-728-2303
Open sunrise to sunset, daily

Don Dussault County Park
832 Alturas St., Fallbrook • 760-728-2303
Open sunrise to sunset, daily

Santa Margarita County Preserve
37385 De Luz Road, Fallbrook • 760-728-2303
Open 8 a.m. to 30 mins. before sunset, daily

Live Oak County Park
2746 Reche Road, Fallbrook • 760-728-2303
Open 8 a.m. to 30 mins. before sunset, daily

Village View County Park
831 E. Fallbrook St., Fallbrook • (760) 728-2303
Open sunrise to sunset, daily

Fallbrook Community Center Program Guide

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Youth Programs

Ballet Folklorico (Instructor: Lorena Hancock)

Thursdays, Oct. 15 - Dec. 10

(No class Nov. 26)

Ages 3 - 9: 5:45 - 6:45 p.m.

Ages 10 - 17: 6:45 - 7:45 p.m.

\$96 / 8-week Session

Learn the beautiful and traditional folk dances of Mexico. Boys and girls are welcome! Practice skirts are provided during class. Students will have the opportunity to perform in recitals held within the community.

Hula (Instructor: Pinky Nesmith Maynard)

Sundays

Ages 5 - 12: 1 - 2 p.m.

Ages 13 and up: 2 - 3 p.m.

\$96 / 8-week Session

These classes will cater to all skill levels - from beginners to advanced dancers. Our instructor is committed to cultural education, authenticity, and community engagement through teaching the hula kahiko (ancient style) and hula auana (contemporary style). Students will learn foundational steps, some Hawaiian language and terms, and history of Hawaii. *Pre-registration is required.*

Okinawan Karate (Instructor: Julio Miranda)

Wednesdays

5:30 - 6:30 p.m.

Ages 7 - 16

\$40 / 4-week session

In this class, you'll learn basic, intermediate, and advanced karate applications that will stimulate the mind and strengthen the body. Lessons are progressive with an emphasis of training at your own comfort level.

All belt levels welcome. Students will be promoted to higher rank at the discretion of the instructor. Classes may be held outdoors when weather permits.

Science Kids (Instructor: Judith Markham)

October Session:

Tuesdays - Oct. 6, 13, 20, 27

3:30 - 5 p.m.

Ages 5 - 12

\$60 + \$20 Material Fee

November Session:

Tuesdays - Nov. 10 and 17

3:30 - 5 p.m.

Ages 5 - 12

\$30 + \$10 Material Fee

December Session:

Tuesdays - Dec. 8 and 15

3:30 - 5 p.m.

Ages 5 - 12

\$30 + \$10 Material Fee



This creative program explores different topics every month!

Youth Sports (Instructor: Sports Saints)



Baseball Saints

Tuesdays

Nov. 3, 2026 - Jan. 19, 2027

(No class 12/22, 12/29)

3:30 p.m., Ages 3 - 6

\$150 / 10-week session

Soccer Saints

Wednesdays

Nov. 4, 2026 - Jan. 20, 2027

(No class 12/23, 12/30)

3 p.m., Ages 3 - 5

4 p.m., Ages 6 - 10

\$150 / 10-week session

Tennis Saints

Mondays

Nov. 2, 2026 - Jan. 18, 2027

(No class 12/21, 12/28)

3:30 p.m., Ages 5 - 8

4:30 p.m., Ages 9 - 14

\$150 / 10-week session

Multi-Sports Saints

Soccer, Basketball, Baseball, Volleyball & Flag Football

Thursdays

Nov. 5, 2026 - Jan. 28, 2027

(No class 11/26, 12/24, 12/31)

3:30 p.m., Ages 6 - 12

\$150 / 10-week session

Pickleball Saints

Mondays

Nov. 2, 2026 - Jan. 18, 2027

(No class 12/21, 12/28)

5:30 p.m., Ages 6 - 12

\$150 / 10-week session

Sports Saints offers fun, STEAM-inspired youth sports classes for ages 3–14. Passionate coaches lead programs in soccer, tennis, golf, baseball, basketball, pickleball, volleyball, and football, throughout the year. Join us for skill-building, teamwork, and plenty of fun. For more information, visit SportsSaints.org.



Youth Dance

(Instructor: Charlene's Dance N' Cheer)



Ballet Dance

Baby/Toddler Sessions:

Mondays, Oct. 5 - Dec. 7 (No class 10/12, 11/23)

4:45 - 5:15 p.m.

Ages Walking - 3 Years (with parent participation)

\$80 / 8-week Session

Introduce ballet to your little one in a fun, imaginative atmosphere with the comfort of a trusted adult by their side. Parent participation is required. Join us for a ballet recital at the end of the session!

Preschooler Sessions:

Wednesdays, Oct. 7 - Dec. 9 (No class 11/11, 11/25)

5:50 - 6:20 p.m.

Ages 3 - 5

\$80 / 8-week Session

Children will learn the fundamentals of ballet dance in a fun and creative atmosphere. This class will focus on barre, center, across-the-floor exercises, combinations and incorporating props. Join us for a ballet recital at the end of the session! Students will be invited to perform at the annual tree lighting event on Dec. 4.

Cheerleading, Dance & Tumble

Junior Sessions:

Wednesdays, Oct. 7 - Dec. 9

(No class 11/11, 11/25)

6:20 - 7:10 p.m.

Ages 4 - 12

\$96 / 8-week Session

Students will use pom poms and learn the fundamentals of cheerleading such as stretches, arm motions, kicks and jumps. Juniors will also learn voice projection, across-the-floor exercises, cheers and chants, sideline dances, beginner stunts, tumbling and a full routine. Cheer class will perform at a USD College Football game on Nov. 21.



Musical Theater and Dance: 'Disney's Descendants 5: Wicked Wonderland'

Mondays, Oct. 5 - Dec. 7

(No class 10/12, 11/23)

6:05 - 6:55 p.m.

Ages 5 - 12

\$96 / 8-Week Session

Casting all boys and girls! Students will engage in fun drama games, get cast parts, learn songs, acting lines, and dance choreography from the movie musical *Disney's Descendants 5: Wicked Wonderland* in preparation for an end of session abridged play to perform for family on the last day during class time AND at the annual tree lighting event on Dec. 4! Costumes to borrow included.



Tumbling & Gymnastics

Parent and Me Sessions:

Wednesdays, Oct. 7 - Dec. 9 (No class 11/11, 11/25)

4:45 - 5:15 p.m.

Ages Walking - 3 Years (with parent participation)

\$80 / 8-week Session

Introduce your little one to dance and tumbling in a fun and engaging atmosphere designed to get them moving! With preschool-level music and movement, kids will dance to fun songs while learning with basic tumbling techniques and exercises using mats and gymnastic equipment. Parent participation is required.

Preschooler Sessions:

Wednesdays, Oct. 7 - Dec. 9 (No class 11/11, 11/25)

5:15 - 5:45 p.m.

Ages 3 - 5

\$80 / 8-week Session

Junior Sessions:

Mondays, Oct. 5 - Dec. 7 (No class 10/12, 11/23)

5:15 - 6:05 p.m.

Ages 5 - 11

\$96 / 8-week Session

Learn the basics of tumbling and gymnastics including warm-up, stretching, conditioning, and technical exercises using mats, equipment and instructor-led stations.

Adult Programs

Pickleball Playing Group

Beginner Session: Tuesdays, 10 - 11 a.m.

Intermediate Session: Thursdays, 10 - 11 a.m.

Ages 18+

\$48 / 4-week Session

Ready to level up your game? If you've been wanting to learn pickleball or sharpen your skills, then this is the class for you!

Pickleball Open Play

Tuesdays and Thursdays

4 - 8 p.m.

Ages 18+

\$2 fee payable at the door

Pickleball is a fun game that is played on a badminton court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a whiffle ball) and wood or composite paddles (all equipment is provided). It's easy for beginners to learn, and can develop into a quick, fast-paced, competitive game for experienced players.

Tennis Open Play

Wednesdays and Fridays

4 - 8 P.M.

Ages 18+

\$2 fee payable at the door

Open play is a great way to meet new people, improve your skills, and have fun while staying active. Hit the courts for a casual and social environment for players of all skill levels to enjoy the game.

Beginner Yoga (Instructor: Cheryl Lindberg)

Mondays, Tuesdays, Thursdays

9:15 - 10:30 a.m.

Ages 12+

\$96 / 10-class Card

\$12 / Drop-in

Maintaining strength, flexibility, and balance is essential for a vibrant life as we age. This class uses basic yoga techniques along with weights, chairs, straps and more to target different muscle groups and improve flexibility and range of motion. It's also ideal for those needing post-surgery strengthening and offers a holistic approach to everyday wellness. *New students: please arrive 15 minutes early to register.*

Line Dancing (Instructor: Peggy Landers)

BEGINNERS: Mondays, 10:45 - 11:45 a.m.

INTERMEDIATE: Wednesdays and Fridays, 9:45 - 10:45 a.m.

Ages 18+

\$30 / Month

\$5 / Drop-in

Step into the fun with our line dancing classes designed for both beginners and intermediate dancers. Learn new moves, boost your confidence, and enjoy a lively community!



Wade Into Fitness

Fitness Fusion (Instructor: Ann Wade, BA, E-RYT, AFFA, YogaFit)

Mondays, Wednesdays, Fridays

8:30 - 9:30 a.m.

\$96 / 9-class Card

\$12 / Single Class

Experience a complete mind-body workout for all levels. Start with fun, easy-to-follow dance cardio to boost energy, coordination and burn calories, then flow into strength, balance, stretch, yoga and relaxation. This thoughtfully designed class supports all aspects of your wellness. For more information, visit WadeintoFitness.com

Healing Yoga (Instructor: Ann Wade, BA, E-RYT, AFFA, YogaFit)

Mondays

5:15 - 6:15 p.m

\$96 / 9-class Card

\$12 / Single Class

A welcoming, non-judgmental class that invites you to honor your body's unique needs. Poses are offered with adaptable options to explore deeper variation, modify, or rest - creating a practice that meets you where you are and leaves you feeling strong, balanced, and centered. For more information, visit WadeintoFitness.com



Dog Obedience Training

(Instructor: Canine Connections)



Through our personalized Puppy and Basic Dog Obedience Training Courses, you and your dog(s) will learn the 10 basic skills that will build a stronger bond between you and your furry best friend. Practice commands such as “sit”, “down”, “stay” and “come.” You can also test your skills at loose-leash walking and more!

Puppy Classes

4 - 6 months old • \$200 / 5-week session

Session 1:

Saturdays, 10 a.m.

Oct. 24 - Nov. 21

Basic Obedience Training

6 months old & up • \$175 / 4-week session

Session 1:

Sundays, 10 a.m.

Oct. 25 - Nov. 15

Advanced Obedience Training

6 months old & up • \$175 / 4-week session

Session 1:

Sundays, 11:15 a.m.

Oct. 25 - Nov. 15

Tech Support for Seniors

(Instructor: Center for Senior Wellbeing)

Senior Lunch Tech Connect

4th Monday of each month

11 a.m. - 12 p.m.

Join us during Senior Lunch once a month for practical tech tips, helpful demonstrations and answers to everyday questions - all in a relaxed social setting. Whether you're stuck with a simple problem or want to better understand what your smartphone, laptop or tablet can do, the CSW Technology Support team can help. Our volunteer support team is experienced in both Android and Apple systems.

