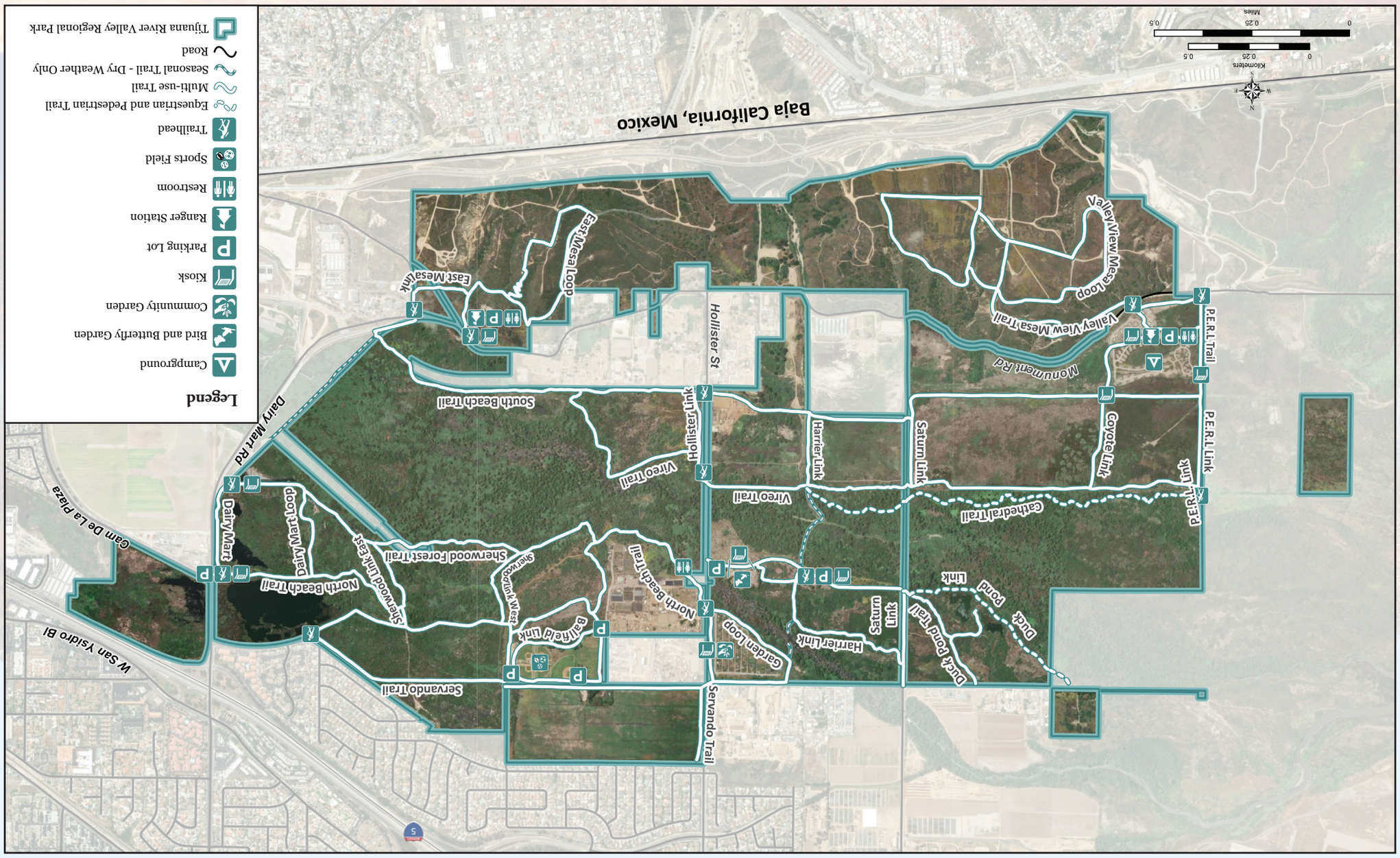


Tijuana River Valley Regional Park

RULES AND REGULATIONS

ALCOHOLIC BEVERAGES:	Alcoholic beverages are permitted providing the alcohol content does not exceed 20%.
CAMPFIRES:	Campfires must be confined to existing stoves or fire rings. Fires must be attended at all times and must be completely extinguished with water by 11 p.m. No fires allowed from 11 p.m. – 7 a.m. See ranger for current campfire rules.
DRONES:	Remotely piloted aircraft and drones are prohibited.
FIREARMS & WEAPONS:	Firearms, fireworks, and weapons are not permitted in County Parks.
GENERATORS:	Generators may not operate between the hours of 10 p.m. – 8 a.m.
NOISE:	To insure each park guest's pleasure and peace, quiet hours are from 10 p.m. – 8 a.m. Excessive noise and loud music is discouraged at all times.
PETS:	Pets are permitted if they are properly restrained and under the control of the owner. Dogs must be licensed, restrained on a leash no longer than six feet, and attended at all times. Pets are not allowed in or around the cabin area.
SMOKING:	Smoking, including the use of vaporizing products, is not permitted.
TRAILS:	Please stay on designated trails. All trails are bike and horse friendly. Please share the trail.
VEGETATION & NATURAL FEATURES:	All plants, animals, natural features, and archaeological resources are fully protected and may not be damaged, injured, or removed. Please check with your ranger for firewood – he or she generally has a supply to sell for campfires. Please do not gather it from within the park.
WASTE WATER:	Please dispose of all waste water in an approved dump station, never on the ground.

INFORMATION

County of San Diego
Department of Parks and Recreation
5510 Overland Avenue, Suite 270
San Diego, CA 92123
Reservations & Information
Toll Free: (877) 565-3600
Local: (858) 565-3600

Visit us at sdparks.org

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Recreation Opportunities

You can hike, mountain bike or ride horseback along more than 20 miles of multi-use trails – or bring your binoculars to track some of the 340 native and travelling bird species below the Pacific Flyway at the Dairy Mart Pond Blind, and in our Bird and Butterfly Garden.



There are 22.5 miles of trails for biking



Horse trails connect the staging area to the Pacific Ocean

You can rent one of 200 plots in the largest community garden in the County, or visit our sports fields – home to the Southwest Little League.

There are more than 1,800 acres of diverse habitats to explore in this park – from dense riparian forests along the Tijuana River to the coastal sage scrub that makes its way up a steep climb to the top of Spooner's Mesa.



The ballfields at Tijuana River Valley Regional Park

TIJUANA RIVER VALLEY REGIONAL PARK

A Regional Day-use, Sports and Camping Park



Tijuana River Valley Regional Park



Dairy Mart Pond

Welcome to Tijuana River Valley Regional Park

Park Hours
8 a.m. – sunset daily
Pedestrian access from sunrise to sunset daily

Ranger Station
2721 Monument Road, San Diego, CA 92154
(619) 428-2946

Bird and Butterfly Garden
2310 Hollister St., San Diego, CA 92154

Campground
1942 Monument Road, San Diego, CA 92154

Community Garden
2100 Hollister St., San Diego, CA 92154

Dairy Mart Pond Trailhead
2564 Dairy Mart Road, San Diego, CA 92154

Sports Complex
2487 Sunset Ave., San Diego, CA 92154

Sustaining Our Future

The County's master plan for the Tijuana River Valley Regional Park includes a mix of short- and long-term projects that balance recreation with environmental preservation. The Department of Parks and Recreation is working on several restoration projects designed to revitalize habitats that have been weakened by things like overuse, drought and pollution.

The County is also leading studies to identify short- and long-term solutions addressing public safety concerns associated with the Tijuana River, and complications brought by seasonal water flows. These studies bring together local, state, national and international partners to prioritize projects that can prevent trash, sediment and sewage from entering the Tijuana River and its tributaries.

While no amenities are built within the flood plain, trails that meander through may be temporarily closed to protect the health and safety of all visitors while cleanup efforts are underway.

Tijuana River Valley Regional Park Campground

Set below Spooner's Mesa – roughly a mile south of the Tijuana River and east of the Pacific Ocean – this unique 79-acre campground offers breathtaking views of the valley. It contains 51 primitive campsites and is the only campground in the County system to offer yurts – 10 covered camping spaces with doors, windows, bed frames and room for six to 10 people. Other amenities include an amphitheater, nature education center, robust nature play area, a bocce court, cornhole and horseshoe pits. Restrooms with showers are available and the campground is staffed 24 hours/day by rangers and a live-on volunteer host. Reasonably priced and set in isolation from busier park areas, this picturesque locale is truly one-of-a-kind!







Wildlife

Tijuana River Valley Regional Park offers more than 1,800 acres of diverse habitats that enhance visitor's experiences – from dense riparian forests along the Tijuana River to coastal maritime sage scrub on top of Spooner's Mesa.

The Valley is a unique area containing large, contiguous blocks of high quality habitat that support numerous sensitive plant and animal species. For example, riparian areas within the park provide habitat to three federally endangered birds including the light-footed clapper rail, the southwestern willow flycatcher, and the least Bell's vireo.

Other onsite vegetation communities include mule fat scrub, chaparral, maritime succulent scrub, freshwater marsh, and native and non-native grasslands. Together, these vegetation communities potentially support 40 special status plant species and 56 special status animal species.

Tijuana River Valley Regional Park is critical to wildlife because it is part of the Pacific Flyway, which provides foraging and breeding habitat for many migrating bird species. Because of its importance to wildlife, the area has been designated a biological resource core area in the City of San Diego Multiple Species Conservation Program, and lies almost entirely within the Multi-Habitat Planning Area.

Birdwatchers find the spring and fall bird migration season especially productive where over 340 bird species have been sighted in the Valley. Two of the best birding spots are Dairy Mart Pond, located in the northeast corner of the park, and the Bird and Butterfly Garden, a recognized Backyard Wildlife Habitat by the National Wildlife Federation, off Hollister Street.



Burrowing Owl