

11TH ANNUAL

WARRIOR HIKE CHALLENGE

TWO HIKE – ONE YEAR



MEMORIAL DAY WEEKEND
SATURDAY, MAY 23, 2026



VETERANS DAY WEEKEND
SATURDAY, NOV. 7, 2026

EL CAPITAN COUNTY PRESERVE - 7 A.M. - 4 P.M.
13775 Blue Sky Ranch Road, Lakeside, CA 92040

CHOOSE FROM THREE ADVENTURES

- ★ **BOOT CAMP:** Beginner / 2 miles / Moderate
- ★ **RECON:** Skilled / 6+ miles / Moderate
- ★ **WARRIOR:** Expert / 11+ miles / Difficult

Join us on Memorial Day weekend and Veterans Day weekend for a tough trail adventure designed to test the physical and mental stamina that's required to climb El Cajon Mountain—popular among active duty and retired military personnel. We break the hike into three levels to match different interests and abilities. Celebration Stations sit at the 1-mile and 3-mile turnaround points. Extreme hikers will push on to the summit (about 11 miles, roundtrip).

All ages welcome – though this is not an easy hike, and children and dogs may struggle. Water, sun protection, and good shoes are a must. Hiking poles are recommended.

For VOLUNTEER & SPONSORSHIP opportunities, visit sdparks.org/WarriorHike



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sdparks.org/WarriorHike

