



# 10<sup>TH</sup> ANNUAL WARRIOR HIKE CHALLENGE

## TWO HIKES – ONE YEAR



**MEMORIAL DAY WEEKEND**  
Saturday, May 24, 2025



**VETERANS DAY WEEKEND**  
Saturday, Nov. 8, 2025

**EL CAPITAN COUNTY PRESERVE - 7 A.M. - 4 P.M.**  
13775 Blue Sky Ranch Road, Lakeside, CA 92040

### CHOOSE FROM THREE ADVENTURES

- ★ **BOOT CAMP:** Beginner / 2 miles / Moderate
- ★ **RECON:** Skilled / 6+ miles / Moderate
- ★ **WARRIOR:** Expert / 11+ miles / Difficult

Join us on Memorial Day weekend (and again on Veterans Day weekend!) for a tough trail adventure designed to test the physical and mental stamina that's required to climb El Cajon Mountain - popular among active duty and retired military personnel. We break the hike into three levels to match different interests and abilities. Celebration Stations sit at the 1-mile and 3-mile turnaround points. Extreme hikers will push on to the summit (about 11 miles, roundtrip).

All ages welcome – though this is not an easy hike, and children and dogs may struggle. Water, sun protection and good shoes are a must. Hiking poles are recommended.

Receive a **10<sup>TH</sup> ANNIVERSARY CHALLENGE COIN** for each hike completed in 2025. Finish both hikes and receive the **CHAMPION** coin!



**VOLUNTEERS & SPONSORSHIPS:** To volunteer for the Warrior Hike Challenge or to sponsor annual events, contact Tony Richardson: [ParksVolunteer@sdcounty.ca.gov](mailto:ParksVolunteer@sdcounty.ca.gov) or (858) 966-1335



Scan for more information or visit  
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