



HIKE-A-THON MEET-UP EVENTS

In an effort to encourage more people to spend quality time outside – wherever and whenever they can – the County of San Diego Department of Parks and Recreation is partnering with Nature Unplugged to host ranger-led hikes during their October 2025 Hike-A-Thon.

Registrants who are part of this event can log miles to collect prizes and earn matched gifts toward charitable, nature-based wellness services. Inspiration to go the extra mile comes in the form of four educational walk-and-talk adventures. Join us! Events are free and open to hikers of all ages.

HIKE #1

Saturday, Oct. 4, 2025 | 10 a.m.

San Dieguito County Park

1628 Lomas Santa Fe Drive, Del Mar, CA 92014
(Meet at the park's lower entrance near 15966 El Camino Real.)
Park Phone: (858) 755-2386

Nestled just a short distance from the Pacific Ocean in Del Mar, San Dieguito County Park offers an easy loop trail, with lookout platforms, suspension bridges, and hillside ladders open for hikers to explore.

HIKE #3

Saturday, Oct. 18, 2025 | 9 a.m.

San Elijo Nature Center (Annie's Canyon)

2710 Manchester Avenue, Cardiff-by-the-Sea, CA 92007
Park Phone: (760) 634-3026

Meet at the park 'n' ride off Manchester to take this loop trail on an easy to moderate hike around the San Elijo Lagoon and through Annie's Canyon. It's a great gravel trail for bird-watching and exploring.

HIKE #2

Saturday, Oct. 11, 2025 | 9 a.m.

Santa Ysabel Nature Center Loop

22135 Highway 79, Santa Ysabel, CA 92070
Park Phone: (760) 765-4098

A moderately challenging route, the trail starts at the parking lot to take you through mature oaks and rolling grasslands to end back at the Nature Center.

HIKE #4

Saturday, Oct. 25, 2025 | 9 a.m.

Goodan Ranch / Sycamore Canyon County Preserve

16281 Sycamore Canyon Road, Poway, CA 92064
Park Phone: (858) 513-4737

Martha's Grove Loop Trail is a moderately challenging route with great views of Sycamore Canyon. The trail is rocky in some areas and muddy in a few places where you'll have to cross a little stream.



**Learn more at natureunplugged.com
and visit sdparks.org/Hike-A-Thon**

*Hikes are free and open to guests of all ages. Registration is not required.
Guests are encouraged to plan appropriately with good footwear, sun protection and plenty of water and snacks.*

**PARTICIPATE
IN
HIKE-A-THON:**



**RSVP
FOR
HIKES:**

