



GREEN FRIDAY

• Nov. 24, 2017 •



Explore the day - and weekend - outdoors!

sdparks.org/greenfriday

Head outdoors on Friday, Nov. 24., to celebrate Green Friday with County Parks. Take a hike in Santa Ysabel, or enjoy coffee with a ranger and a resident snake or tortoise... Make some new memories this holiday weekend by exploring the #UpsideofOutside in your hometown! Here's a list of free events guests of all ages and interests can enjoy:

9 – 10 a.m.

“Work Off the Turkey” Bootcamp Class, [Lindo Lake County Park](#)

Stop by a new attraction at Lindo Lake; we've installed a fitness trailer that opens to the outdoors! Join this special edition, high-intensity, calorie-burning class and start shedding those holiday calories. All levels can be accommodated. Sorry, no kids under the age of 16 or unleashed pets.

Address: 12660 Lindo Lane, Lakeside (Outdoor Fitness Studio) | Phone: 619-443-1666

9 a.m. – 12 p.m.

Green Friday West Vista Loop Hike, [Santa Ysabel East County Preserve](#)

Join a docent for a scenic hike through grasslands and old-growth oaks in San Diego's backcountry. Explore history and learn about upcoming hikes (day and night). Sturdy shoes are required. Please dress in layers, wear sunscreen, and bring plenty of water.

Address: 23000 Highway 79, Santa Ysabel (Entrance Gate) | Phone: 760-765-4098

Beginning at 10 a.m. (while supplies last)

Coffee with a Ranger, [San Elijo Lagoon Nature Center](#)

Sip java with our men and women in uniform; we're offering free coffee while you talk 1:1 with park rangers! They'll share park highlights, local history, facts about plants and animals, and will even introduce you to animal ambassadors like Franklin the Tortoise.

OPTIONAL HIKE: TRACK Trail for kids, self-guided + nearby [Annie's Canyon](#)

Address: 2710 Manchester Ave., Cardiff-by-the-Sea | Phone: 760-634-3026

Beginning at 10 a.m. (while supplies last)

Coffee with a Ranger, [San Dieguito County Park](#)

Same description above; Animal ambassadors include Ms. Alibi the Florida King Snake, Zeus the Bearded Dragon and Crawley the [Kind] Tarantula; OPTIONAL HIKE: Trek to Activity Hill with a Ranger

Address: 1628 Lomas Santa Fe Drive, Del Mar (Ranger Station) | Phone: 858-755-2386

10 a.m. – 12 p.m.

Los Coches Creek Cleanup, [Flinn Springs County Park](#)

Help us clean trash and invasive plants from Los Coches Creek, before they follow the San Diego River watershed out to sea! This is a chance to protect both inland and ocean species. Wear comfortable clothes, protective footwear, and bring your own gloves. Tools and trash bags will be provided.

Address: 14787 Olde Highway 80, El Cajon, CA | Phone: 619-561-0180



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10 – 11 a.m.

Hike with a Ranger + Tour the Butterfly Garden, [Lindo Lake County Park](#)

Traverse up to 1.5 miles of trails around the lake on this guided hike. You'll gain insight on native and non-native species, local history, and plans for park improvement. Then, treat yourself to a detour at the brand-new Butterfly Garden! Wear comfortable shoes.

Address: 12660 Lindo Lane, Lakeside (Parking Entrance Kiosk) | Phone: 619-443-1666

3:45 – 4:45 p.m.

Late Afternoon Sunset Hike, [Helix Flume Trailhead](#)

This little trip will get you up and down our newest climb in time for incredible views of the valley as the sun sets, with a sky full of color. Sturdy shoes are required. Please dress in layers, bring water and carry a flashlight for later... Here's a [sneak peek](#) of your trip!

Address: 14003-14023 El Monte Road, Lakeside | Phone: 619-443-1474

Visit sdparks.org to peruse a [full list of parks and preserves](#) that you can visit – free of charge – on Green Friday. And consider downloading the [Easy2Hike app](#) featuring 16 “pilot” venues on County turf!

As always, you can get details about these and other Thanksgiving weekend events on the [County Events Calendar](#).