**RULES AND REGULATIONS**

**CAMPFIRES:** Must be confined to existing stoves or fire rings. See ranger for current campfire rules. No fires after 11:00 p.m.

**PETS:** Pets are permitted if they are properly restrained and under the control of the owner. Dogs must be licensed, restrained on a leash not longer than 6 feet, and attended at all times.

**WASTE WATER:** Please dispose of all wastewater in an approved dump station, never on the ground.

**VEGETATION & NATURAL FEATURES:** All plants, animals, natural features, and archaeological resources are fully protected and may not be damaged, injured, or removed. Please check with your ranger for firewood for sale. Please do not gather wood from within the park.

**TREES:** Do not tie or hang ropes, wire, or tents to trees. Do not drive nails, screws, or staples into trees.

**GENERATORS:** Generators are allowed between the hours of 8 a.m. and 10 p.m., so long as the noise does not disturb the peace and quiet of the campground or neighboring sites.

**NOISE:** To ensure each park guest’s pleasure and peace, quiet hours are from 10:00 p.m. to 8:00 a.m. Excessive noise and loud music is discouraged at all times.

**FIREARMS & WEAPONS:** Firearms and weapons are not permitted in any County Park.

**YOUTH:** All persons under 18 years of age must be accompanied by a legally responsible adult with medical authorization for each child while camping in the park.

**ALCOHOLIC BEVERAGES:** Alcoholic beverages are permitted provided the alcohol content does not exceed 20%.

**CAMPING:** No more than eight people and two tents per camp site.
Welcome to Dos Picos Regional Park

Two words characterize Dos Picos Regional Park: oaks and mountains. Its name, Spanish for “two peaks,” is derived from two prominent mountains nearby. In the shelter of these mountains, the small valley harbors a park filled with oak trees, some of them up to 300 years old. Dos Picos is surrounded by ranchland and steep rocky slopes, which help preserve its secluded atmosphere. The peaceful, shady park is particularly well-suited for campers and picnickers. It is located 46 miles northeast of San Diego.

The First Inhabitants

Twentieth-century visitors have enjoyed Dos Picos for two decades, but they are by no means the first to be attracted to the area. Native Americans were living here 7,000 years ago, lured by the abundant oak trees. These people, the Ipai, gathered their food from what nature provided — in this case a bountiful supply of acorns. Meal ground from these acorns was a staple of their diet.

Modern Residents

Dos Picos is home to many animals and plants. Coyote, fox, possum, skunk, and raccoon are all seen in the park. The wide range of habitats supports a large number of birds. Great blue herons, great egrets and several species of ducks can be found on the pond. The oaks are home to red-shouldered hawks, woodpeckers, scrub jays, and western bluebirds, among others. California quail are afoot in the early mornings, while the evening skies are filled with the sounds of resident barn, screech and great horned owls.

Not all the winged creatures are birds: many butterflies and moths live in or pass through the park. Especially interesting is the huge cecropia moth; this colorful member of the silkworm family feeds at night on the native ceanothus, or California lilac.

Supporting the abundant wildlife is a mixture of chaparral, open grassland, and oak woodland. Coast live oak is the predominant tree, although Engelmann oaks occur throughout the park. The chaparral consists of scrub oak, California buckwheat, chamise, manzanita, ceanothus, and white and black sage.

Facilities

Dos Picos Regional Park was designed for campers and picnickers. Each campsite and picnic bench is fitted into the 78-acre area as naturally as possible. Tent sites and RV sites with partial hook-ups offer alternatives for overnight stays. A holding tank disposal station and coin-operated hot showers are additional amenities for campers.

Visitors will enjoy the nature trail, horseshoe pits, play areas and soccer field. Anglers may simply throw a line in the pond, or they might visit nearby Lake Poway or Lake Sutherland. Hikers often visit nearby Mt. Woodson. In the town of Ramona are the Guy B. Woodward Museum and Collier Park. The world famous San Diego Zoo Safari Park is 30 minutes away.

Cabin

Dos Picos Regional Park now offers two 200 sq. ft. cabins featuring interior lighting, a table and chairs, a double-size bed frame, three bunk beds, a bathroom and a porch. Campers must bring their own mattress and bedding. Cabins hold a maximum of five people and no recreational vehicles or tents are allowed. A fire ring and picnic table is located outside for your enjoyment. Pets are not allowed in or around the cabins, and all cabins are smoke-free.