Sycamore Canyon / Goodan Ranch County Preserve consists of 2,272 acres of coastal sage scrub and chaparral-covered hills — 325 of which made up the historic Goodan Ranch. More than 10 miles of trails lead to grand vistas throughout the property, showcasing diverse vegetation and wildlife. Trail connections lead to land managed by other agencies, with ample opportunities for hikers, cyclists and equestrians to choose their own adventure.

Visitors to this property will also enjoy a LEED-certified nature center, an outdoor amphitheater, picnic tables, a horse trough and a hitching post. Visit sdparks.org to view upcoming programs, like ranger-led hikes and star parties!

**THE PROPERTY**

**THE ROUTE**

**LEVEL:** Advanced  
**MINIMUM AGE:** 18 or Highly-Experienced  
**DISTANCE:** 12 Miles  
**ELEVATION GAIN:** 1,632 Feet

This ride offers a combination of dirt ranch roads and some great single-track trails — with fun and challenging climbs that traverse through interesting ecosystems. We’ll begin by dropping down into the valley from the staging area to pass by the remains of the historic Ranch House and Nature Center. Then, we’ll climb back north to the Goodan Ranch Staging Area, where riders can do an out-and-back option through Beeler Canyon, or head straight into the chunky single track trail of Martha’s Grove. Martha’s Grove will carry us back into the valley for a quick recovery before climbing up Cardiac Hill and back to back to the Highway 67 Staging Area.

Support restoration efforts by following the signs and staying on designated paths. Share the trails with other users and be courteous and aware of your surroundings. For your safety and to protect the integrity of the trails in this sensitive ecosystem, always allow at least 48 hours after last rainfall for trails to dry before heading out for your ride.

**MEETUP PERKS**

This is a free event.

- Gain safety tips and information on bike quality checks and trail etiquette.
- Connect with industry experts and park staff.
- Free rental equipment is available; this will be an option when you register. (Minimum height is 5’2”).
- Bikes must be scheduled in advance. If you do not request a bike at registration, we will not have one for you at the ride.
- Meetup participants will receive custom-made “Ride On” socks and a collectible park logo sticker.

**FINE PRINT**

Registration and waivers are required.  
Events are not for participants under the age of 8 or unaccompanied youth. Difficult rides will have a minimum age of 18.  
Helmets are required and all bikes should be in good working order with treaded knobby tires and working gears and brakes — ready to travel uneven, rocky, sandy and challenging terrain.  
Quality checks will take place on site before the ride.

Inclement weather will cancel.