



CELEBRATE EARTH DAY APRIL 22, 2023

with the County of San Diego
Department of Parks and Recreation

PARTICIPATE

Improve your balance, view waterfowl on a scenic walk, or explore your creative side during these staff-led Earth Day activities:

8 - 9 a.m. | YOGA FITNESS CLASS

Los Penasquitos Ranch House

12122 Canyonside Park Drive, San Diego
858-484-7504

10 a.m. - 12 p.m. | EARTH DAY ARTS AND CRAFTS

Spring Valley Community Center

8735 Jamacha Blvd., Spring Valley
619-479-1832

3 - 4 p.m. | RANGER-LED HIKE

Morrison Pond in Sweetwater Regional Park

5102 Sweetwater Road, Bonita
619-472-7572

LEARN

Touch fur, skins, skulls and other animal features at our Nature Discovery Tables. Learn about local wildlife and the unique adaptations that help them survive in a variety of habitats. Our rangers will be on site to answer all of your park-related questions and to help you understand, appreciate and experience 'the upside of outside!' View our Nature Discovery Tables:

9 - 11 a.m.

Sycamore Canyon/Goodan Ranch Nature Center

16281 Sycamore Canyon Road, Poway
858-513-4737

10 a.m. - 12 p.m.

Ramona Grasslands County Preserve

West of State Route 67 on Highland Valley Road, Ramona
760-788-3326

11 a.m. - 12 p.m.

Otay Lakes County Park

2270 Wueste Road, Chula Vista
619-482-7361

VOLUNTEER

Join us for a morning full of park beautification projects, including tree plantings, invasive vegetation removal and general trash pickup. Your efforts will improve the environment in and around our waterways — part of the larger Creek to Bay Cleanup coordinated by I Love a Clean San Diego! Materials are provided; come ready in clothes you don't mind getting dirty and wear sturdy shoes and sun protection. Don't forget your own water bottle and gloves!

Register in advance to volunteer at the parks listed below by scanning the QR code:

North County:

Cole Grade County Park
Hellhole Canyon County Preserve
Rainbow County Park
Rancho Guajome Adobe
San Elijo Lagoon Nature Center
Santa Margarita County Preserve
Valley Center Community Hall and Park

South County:

Otay Lakes County Park
Potrero County Park
Spring Valley County Park

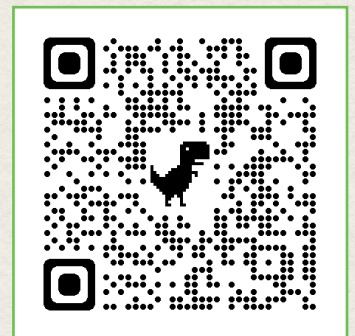
East County:

Flinn Springs County Park

Mountains:

Collier County Park
Dos Picos County Park
Santa Ysabel Nature Center

REGISTER HERE



sdparks.org

