Join us for an introductory backpacking trip! We’ll be carrying our own packs through a picturesque park, and popular stopping grounds for travelers of the Pacific Crest Trail. Gain insight from rangers on how to pack, set up camp and find solace in solo wilderness experiences.

The route is about 6 miles, round-trip, with over 700 feet of elevation gain and loss. This trip involves considerable exercise and you must be able to carry a pack of approximately 40 pounds for the duration. This is an overnight adventure!

Consider coming a day early to boat, fish, hike and extend your camping trip.

INCLUDED WORKSHOPS:
- Backcountry Essentials
- How to Pack Your Backpack
- Animal Tracking
- Leave No Trace
- Nature Journaling
- Building a Campsite
- Stargazing

INCLUDED FOOD:
- Snacks
- Breakfast
- Coffee and tea

COST: $75*/person
REGISTRATION IS REQUIRED
*For an additional $25, we will provide a backpack, sleeping pad, sleeping bag and tent (shared)

Trip itinerary, packing lists and trip details will be provided after registration.

RSVP:
Fallbrook Community Center
760-728-1671
Registration is limited to 20 attendees

The County of San Diego Department of Parks and Recreation's Women in the Wild program was created to teach outdoor skills in a fun, nurturing and non-competitive environment. Experiences are educational, interactive and fun - building confidence and a sense of community while fostering new appreciation for San Diego's parks, preserves and diverse recreational opportunities. Women in the Wild experiences are planned for women, by female staff members and partners. With events ranging from backpacking to bouldering and hiking to camping, we’re opening new avenues for conversation, connection and collaboration.